



MEDSPA & WELLNESS CENTAR  
POLIKLINIKA

*Life*

MEDSPA WELLNESS & POLYCLINIC LIFE

# PORTFOLIO





# ABOUT US

MedSpa & Wellness Centre Life promotes regeneration, vitality, and beauty of living based on the cutting-edge medical and wellbeing science, interdisciplinary expertise, and the highest-standard facilities and products.

Located in the very centre of town Solin, in the green oasis of luxury President\*\*\*\*\* hotel, we offer holistic approach to our clients on their way to physical and spiritual wellbeing through a wide range of services: modern wellness & spa treatments, fitness and recreation, medical consultations and procedures with the main focus on holistic wellbeing and aesthetics.

As a part of the MedSpa & Wellness Centre, the Life clinic with experienced medical staff is dedicated to supporting clients who would benefit from dermatological and rehabilitation medical advice and treatments. We place great emphasis on providing the highest quality medical and wellbeing services with an individualized and integrative approach as the optimal method of achieving individual needs of our satisfied clients.



# FACILITIES



1600 m2  
wellness space



5 luxury treatment rooms



Fitness center



Personal trainer  
on request



Heated indoor pool



Swimming outdoor pool



Outdoor pool  
for relaxation



World of saunas



Salt room



Relax zone  
(inside & outside)



Exclusive bio medical  
spa cosmetics



Wide range of treatments



Medical treatments



Professional staff



Spa nutrition



MedSpa contents



## Swimming pools & saunas



Swimming  
outdoor pool



Indoor  
heated pool



Outdoor pool  
for relaxation



Finnish sauna



Turkish  
(steam) sauna



Relax zone  
(inside & outside)



Animation  
for children



Music



Free Wi-Fi



## Fitness & recreation



Music



Daylight space



High-quality  
equipment/gadgets



Refreshment  
water



Spa menu



## Relax zone with salt cells

The salt room particularly beneficial for individuals suffering from respiratory infections and skin difficulties. The walls of Himalayan salt, comfortable beds and relaxing atmosphere are suitable for both children and pregnant women.



## Healthy diet

We offer a rich selection of vegan and gluten-free dishes. Carefully prepared food with organic ingredients, Mediterranean herbs and olive oil are to be remembered. We also have a selection of fresh juices and smoothies.



## Accommodation



96 luxury rooms  
from 32-75 m<sup>2</sup>



Private balcony



Anatomical beds



Antiallergic  
bedding



Bathrobes  
& slippers



Bathroom with  
Jacuzzi bathtub



Hotel amenities



Mini bar



Coffee and  
tea machine



Flat screen TV



Satellite programs



Free Wi-Fi





Spa treatments & wellbeing





Dermatologically tested cosmetics



Rich treatment choice



Professional staff



Medical staff



Luxury treatment rooms



Natural materials



Space for relaxation



Individual approach

## Facial treatments

The first signs of aging, hyperpigmentation, dry and dehydrated skin as well as acne-prone skin are some of the challenges that almost every person has encountered. In order to provide our clients with the best care, at Medical Spa & Wellness Center Life we exclusively use the best dermatologically tested cosmetics. Indulge in the hands of our expert staff and medical personnel who will restore radiance of your skin.



## Body treatments

Our body is often affected by factors of modern life such as sedentary lifestyle, poor quality nutrition, hormonal imbalance and many other. Using proper combination of different treatments and techniques from our menu we can successfully eliminate cellulite, decrease volume of critical areas and reshape the silhouette.



## Spa rituals & massages

Massage is one of the best ways to relax and reduce accumulated stress or body fatigue. At our Center you can choose from a wide variety of massage techniques, such as relax, deep tissue or unforgettable SPA rituals.





## Beauty salon services

Wellbeing goes hand in hand with aesthetics so we offer the highest quality beauty services such as SPA pedicure and manicure (available in gel and classic polish form), as well as hair removal.



## Mindfulness & wellbeing therapy

The aspiration to achieve a state of complete relaxation is pointed at finding the balance of the organic systems of the body and the feeling of satisfaction. By fusion of meditation, mindfulness, yoga, pilates, breathing exercises or coaching techniques, we aim to achieve a better response to life stressors and more effective thought management, control of our emotions and behaviors.





Advanced technology treatments

## Aqua Peel

Aqua Peel is the most popular non-invasive hydrodermoabrasion treatment. This device uses unique patented vacuum technology for skin cleansing and gentle abrasion, HydraPeel exfoliating system and Aqua Peel serums for hydration of the skin and scalp with instantly visible results after only one treatment.



## SkinPen® - Micro-needle rejuvenation

When it comes to achieving beautiful skin even the smallest interventions can make the biggest differences. After just one SkinPen treatment® you will notice improved complexion, reduction of fine lines and wrinkles, minimized scarring after acne and surgery, and healthy, smooth, and youthful skin.



## Injection treatments

At MedSpa Life we offer a wide range of injectables that contain hyaluronic acid, vitamins, antioxidants and growth factors that provide help in solving numerous medical conditions and aesthetic problems related to the skin and scalp.



## Med Contour Multipower & Med Visage

Med Contour Multipower is a next-generation device in its category that combines ultrasound and radiofrequency technology for efficient, safe and painless non-surgical body shaping, cellulite removal, tightening of the skin and facial rejuvenation.





# Medical treatments

## Medical consultation

Life Clinic promotes regeneration, revitalization, and beauty of living. Multidisciplinary team approach in treating various conditions makes possible to resolve all your health and aesthetic concerns at one place.



## Dermatology and venereology

Life Clinic firmly believes that healthy skin and expert-led skin care is necessary to achieve satisfying appearance and overall wellbeing. Synergically combining the most effective from nature and medicine and regular dermatological examinations of pigment skin changes, we focus on prevention and skin revitalization.





## Physical medicine and rehabilitation

Multidisciplinary physiotherapy team of Life Clinic uses preventive and regenerative methods, hydrotherapy, acupuncture, cupping, and massage to revitalize and regain normal function of your body. We care about physical health and overall wellbeing by nurturing holistic and preventive approach.



## Physical therapy

Individual and group exercises/therapy programs are adapted to the age and specific needs of our users (exercise during pregnancy, physical therapy after childbirth, corrective gymnastics for children, medical gymnastics for adults). Therapeutic protocols contain carefully designed exercises that are performed under the supervision of a physiotherapist for treating, improving and maintaining the health of the musculoskeletal system.



# Acupuncture

Acupuncture represents a holistic approach to modern medicine encouraging the body to heal itself. Acupuncture needles are used to activate certain trigger points rich in nerve endings. That way we induce biochemical and physiological responses of the body.



# Nutritional consultation

Nutritional consultation and individual diet plan combined with holistic approach are used to encourage body and spirit revitalization through most appropriate nutrition. Our nutritionists can offer special guidance through detox and chronic fatigue elimination cycles.



# CONTACT US



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